

Wettkampf 12 - 400m Freistil männlich**Jahrgang 2016**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Arman Margaryan	2016	Aachener SV 06	06:39,48 100m: 01:34,68 (01:34,68) 200m: 03:19,10 (01:44,42) 300m: 05:02,98 (01:43,88) 400m: 06:39,48 (01:36,50)
2.	Leander Friedrichs	2016	SC Hürth	06:50,97 100m: 01:36,01 (01:36,01) 200m: 03:22,38 (01:46,37) 300m: 05:10,57 (01:48,19) 400m: 06:50,97 (01:40,40)
3.	Abdelkarim El Omrani	2016	Aachener SV 06	07:11,26 100m: 01:38,46 (01:38,46) 200m: 03:30,22 (01:51,76) 300m: 05:22,73 (01:52,51) 400m: 07:11,26 (01:48,53)

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Leonard Gerads	2015	Aachener SV 06	06:40,89 100m: 01:36,85 (01:36,85) 200m: 03:21,73 (01:44,88) 300m: 05:05,73 (01:44,00) 400m: 06:40,89 (01:35,16)
2.	Julian Schmidt	2015	AS Düren 12	07:39,43 100m: 01:49,63 (01:49,63) 200m: 03:50,73 (02:01,10) 300m: 05:50,82 (02:00,09) 400m: 07:39,43 (01:48,61)

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Nik Diesendorf	2014	SG Mönchengladbach	06:02,60 100m: 01:24,29 (01:24,29) 200m: 02:57,71 (01:33,42) 300m: 04:31,47 (01:33,76) 400m: 06:02,60 (01:31,13)
2.	Tom Theuer	2014	Aachener SV 06	06:12,02 100m: 01:29,63 (01:29,63) 200m: 03:05,02 (01:35,39) 300m: 04:41,44 (01:36,42) 400m: 06:12,02 (01:30,58)
3.	Lino Klubert	2014	Aachener SV 06	06:41,52 100m: 01:35,46 (01:35,46) 200m: 03:19,78 (01:44,32) 300m: 05:02,84 (01:43,06) 400m: 06:41,52 (01:38,68)